



Menu is Subject to Change

MARCH 2023

Mustangs & Fillies On-the-Go Lunch Menu

A Choice of Low-Fat or Fat-Free Milk is Offered with all Meals

Monday

Student Lunch \$2.85
Adult Lunch \$4.25
Extra Entrée \$1.50
Extra Milk \$0.40



Tuesday

Wednesday

Thursday

Friday

Chicken Tenders w/Biscuit
Or
Fresh Fillie Sub
Green Beans
Tossed Salad w/Spinach
Fresh Veggie Mix
Strawberries, Fresh Apple
Choice of Milk

6

Hot Dog on a Bun
Or
Fresh Fillie Sub
Baked Beans
Fresh Veggie Mix
Kiwi, Applesauce
Chocolate Chip Cookie
Choice of Milk

7

Chicken Bacon Sandwich
Or
Fresh Fillie Sub
Lettuce and Tomato Slices
Fresh Veggie Mix
Grapes, Pears
Goldfish Crackers
Choice of Milk

8

Pepperoni Pizza Pocket
Or
Fresh Fillie Sub
Tossed Salad w/Tomatoes
Baby Carrots, Broccoli
Mandarin Oranges
Banana
Choice of Milk

9

Macaroni & Cheese
Or
Fresh Fillie Sub
Fresh Broccoli, Carrots & Tomatoes
Peaches
Orange Slices
Blueberry Muffin
Choice of Milk

10

NO

13

SCHOOL

NO

14

SCHOOL

NO

15

SCHOOL

NO

16

SCHOOL

NO

17

SCHOOL

Biscuits & Gravy
Or
Chef Salad
Fresh Broccoli & Carrots
Mixed Berries
Orange Slices
Juicy Juice
Choice of Milk

20

Hot Ham & Cheese Sandwich
Or
Chef Salad
Baked Beans
Broccoli, Cauliflower & Carrots
Grapes
Applesauce
Choice of Milk

21

Meatball Sub
Or
Chef Salad
French Fries
Tossed Salad w/Spinach
Fresh Veggie Mix
Fresh Fruit
Choice of Milk

22

Buffalo Chicken Pocket
Or
Chef Salad
Baby Carrots
Cucumber Slices
Orange Slices, Diced Pears
Baked Chips
Choice of Milk

23

Cheese Pizza
Or
Chef Salad
Tossed Salad w/Spinach
Fresh Veggie Mix
Peaches, Fresh Apple
Jello
Choice of Milk

24

Hot Beef & Cheddar Sub
Or
Turkey, Ham & Cheese Sandwich
French Fries
Celery & Baby Carrots
Peaches
Fresh Pear
Choice of Milk

27

Mashed Potato Bowl w/Biscuit
Or
Turkey, Ham & Cheese Sandwich
Broccoli & Baby Carrots
Mandarin Oranges
Fresh Apple
Choice of Milk

28

Tenderloin Sandwich
Or
Turkey, Ham & Cheese Sandwich
Lettuce & Tomato Slices
Fresh Veggie Mix
Fresh Fruit
Mixed Fruit
Choice of Milk

29

Walking Taco w/Toppings
Or
Turkey, Ham & Cheese Sandwich
Red & Green Bell Pepper Slices
Tossed Salad w/Spinach
Strawberries, Fresh Fruit
Fruit Roll Up
Choice of Milk

30

Pizza Crunchers
Or
Turkey, Ham & Cheese Sandwich
Steamed Peas
Lettuce Salad w/Cherry Tomatoes
Mixed Berries
Applesauce
Choice of Milk

31

This Institution is an Equal Opportunity Provider

